



**Next time I  
am angry I  
am going to**

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**Next time I  
am sad I am  
going to**

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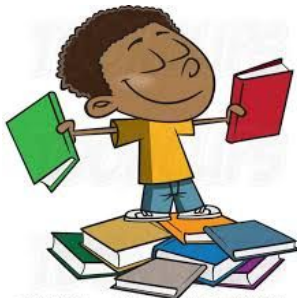
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**Next time I  
am lonely I  
am going to**

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**Next time I  
am happy I  
am going to**

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**Next time I  
am irritated I  
am going to**

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**Next time I  
am scared I  
am going to**

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