



SUNLANDS PRIMARY SCHOOL

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CO-CURRICULAR POLICY

INTRODUCTION

Co-curricular refers to activities, programmes and learning experiences that complement, in some way, what students are learning in school. Co-curricular activities are an extension of the formal learning experiences.

POLICY

The academic team of the school develops co-curricular activities to enhance the learning experiences of students.

Co-curricular activities will be determined by the Leadership Team of the school in consultation with the SGB and teaching team of the school.

The co-curricular programme of the school will be reviewed annually during the planning meeting of the school to make any changes of adjustments necessary for the following year.

ACTIVITIES

1. Biennial School Concert

The aim of this event is to showcase the talents and skills of staff and students. It generates a sense of cooperation and belonging when staff and students collaborate to produce a grade/class production.

2. Science Fair

The aim of this event is to expose children to scientific investigation and grant them opportunities to have their final products assessed by external adjudicators.

3. Spelling Bee

The aim of the event is to improve the spelling ability of students, to create opportunities for them to compete in teams and to test their skills against teams from other schools.

4. Mathematics Competitions

Students participate in a number of externally set and marked Mathematics competitions, eg: AMESA Maths, Horizon Maths, Living Maths, District Maths Competitions. These competitions contribute to improved understanding, skills development, problem solving, etc.

5. Conquesta Academica

This is a voluntary external examination written in a variety of subjects. It exposes students to different ways of questioning and problem-solving. Parents pay for children to write these papers that are set and marked externally.

6. General Knowledge Quiz

The aim of this activity is to grow children's interest in the world around them, to encourage them to read newspapers and to compete against peers from other schools. I Know Quiz General Knowledge Quiz: The school has registered to receive general knowledge quiz questions of a weekly basis. These questions are sent to staff to use as the end of a week or as extension activities for children.

7. Eisteddfods

The aim of this competition is to ensure that children are improving constantly and their skills affirmed. Choirs, musicians and artists annually participate, are rated by external adjudicators and are awarded certificates and percentages for their efforts.

8. Family Groups

Family Groups have been instituted at school to give children a sense of belonging, to develop a sense of caring for one another, encourage collaboration, etc.

Families meet once per month in classroom of the teacher assigned to them. They discuss topics, which improve their social skills, etc.

9. Peer Mediators Programme

Grade 7-learners are trained to assist to resolve disagreements, which may occur on the playground. They do duty during breaks and before school.

10. First Aiders

Grade 7 learners are trained to deal with minor injuries on the playground. The aim is to assist injured learners as soon as possible.

11. Random Acts of Kindness (RAK) Week

The aim of this event is to teach children compassion and sensitise them to the needs of those around them. Children are encouraged to do small random acts of kindness during this week and we embark on a collection for the Heart Foundation and a collection for St Luke's Hospice. Parents are also surprised with messages and chocolates as they drive up to drop off children.

12. Outreach Programmes

The aim of these activities is to develop empathy and to teach children that everyone can contribute to alleviating the pain of others.

- Groote Schuur Outreach: Annual outreach to cancer patients waiting for treatment at Groote Schuur Hospital. Families prepare sandwich parcels with fruit, juice, a sandwich and an encouraging message that are delivered to patients.
- Filia School Outreach: Casual Day stickers are sold and money collected to give to the school.
- Red Cross Social Workers: Soft toys are collected to give to children who are treated at the clinics.
- Santa Shoe Boxes: Annually we choose a worthy charity and they will receive a Santa Shoe box at the end of the academic year.
- Grannies' Appreciation Day: Tea, a programme and goodie bags are prepared for grandparents on a specific day to thank them for what they do for the children of the school.
- SPCA: Food is collected for cats and dogs and donated to SPCA during the Guy Fawkes Season.

13. Book of Records

The aim of this annual event is to expose children to healthy competition, to give them ideas of what to do outdoors and to teach them to support one another. Children compete in their class groups to improve the records set the previous year. Activities include tenniquoit toss, hoola-hoop, paper-jet throwing, etc.

