SUNLANDS PRIMARY SCHOOL



Dear Parents

On Sunday evening, 11 July 2021, President Ramaphosa announced that schools are to remain closed until **26 July 2021**. As this is an extended holiday, no work will be sent home.

Further directions have not been issued by the Western Cape Education Department. We await the gazette from The Department of Basic Education which we expect will include further information and directives on how schools should return in Term 3.

We are living in uncertain times at the moment, the pandemic on the one hand and the violence and looting in South Africa on the other. This is a very difficult time for many if not most South Africans and our emotions tend to run high. Be careful what you say in front of your child, validate their feelings and let them know it is okay to feel rage, frustration, confusion and fear. Don't correct them, don't agree... just be with them in the moment. When watching the news, we tend to become aggressive with this current situation of looting in our country, if we, however, mirror the aggression we are seeing, our children's anxieties are pronounced. Try and keep the adult talk away from the children. Our value last month was empathy and this is the time to encourage your child to build empathy for causes not chaos and to discern destructive behaviours, rather than focusing only on the fears. Many of us have this feeling of negativity towards the current situation in our country but we are not unique even if it feels that way right now. Reassure your child that this too shall pass.

Please be safe, continue to follow the COVID-19 protocols and help to flatten the curve. Let's all continue to pray for our beautiful country that peace and harmony will reign once again. We also pray for the health and safety of all our Sunlands families.

We will keep you updated on any changes or information sent by the Western Cape Education Department and the Department of Basic Education.

Be blessed!

Kind regards Mrs Rhode Principal

